

Drywall-Stilts

Facility:	Written By:	Approved By:	Date Created:	Date of Last Revision
	Shawna Beach-Nelson		July 7,2014	

Hazards Present:	PPE or Devices Required:	Additional Training Required:
Tripping	Steel toed boots	
Muscle strain	Eye protection	
	Hard Hat	

Safe Work Procedure:

- 1) Wear all applicable PPE
- 2) Check stilts for damage
- 3) Keep area clean to prevent any tripping hazards
- 4) Ensure strut tube is connected securely to stilt leg, and foot plate and soul plate are also securely fastened
- 5) When mounting stilts, make sure to sit down in a spot that you can easily get up, alone or with a co-workers help
- 6) Buckle leg straps first, tuck in loose end of strap, buckle foot straps and make as snug as possible without causing discomfort
- 7) When standing up on stilts, ensure you feel balanced before moving
- 8) Only walk forwards in stilts, if you need to turn around, walk in a U-turn. DO NOT WALK BACKWARDS.
- 9) Do not run in stilts
- 10) Only walk on hard, level surfaces

If an emergency situation occurs while conducting this task, or there is an equipment malfunction, engage the emergency stop and follow the lock out procedure

REPORT ANY HAZARDOUS SITUATIONS TO YOUR SUPERVISOR

<p>Guidance Documents/Standards:</p> <p>MB Workplace Safety & Health Act & Regulations: 6 Personal Protective Equipment 8 Musculoskeletal Injury</p>	<p>This Safe Work Procedure will be reviewed any time the task, equipment or materials change and at a minimum of every three years</p>
	<p>Reviewed By WSH Committee:</p> <p>Date:</p>